



VEERNI
EMPOWERING GIRLS



VEERNI SANSTHAN



NEWSLETTER

July to September 2025

QUARTERLY REPORT

JULY TO SEPTEMBER 2025

This quarter at Veerni Institute has been a season of growth, resilience, and meaningful change. From welcoming new students into a safe and supportive environment to celebrating achievements in academics, arts, health, and leadership — every initiative reflects our deep commitment to empowering girls from rural Rajasthan.

Through tireless efforts in education, healthcare, awareness-building, and community outreach, Veerni continues to break barriers that hold girls back. The stories of courage from villages like Bhakri, the success of our health and vaccination programs, and the girls' participation in cultural and academic events all highlight the impact of our holistic approach.

We are also excited to share that the construction of Veerni's new building is progressing well during this period, marking a significant milestone in expanding our facilities and capacity to serve more girls with better infrastructure.

As you read through this newsletter, we invite you to witness the strength, spirit, and progress of Veerni girls and the powerful difference your support makes in their lives.

ACADEMIC ACTIVITIES:

The new school term at Veerni Institute started in the last week of June. After the summer break, the girls came back full of energy and excitement. They were happy to see their friends again and ready to begin their studies. The whole campus felt cheerful and hopeful, showing how eager the girls were to learn and grow.

A Warm Welcome and a Fresh Start

The new school year at Veerni Institute began with warmth and careful planning. On June 22nd, all matrons arrived to prepare a welcoming environment for the girls. The next day, June 23rd, new students were greeted with a cheerful welcome party to help ease homesickness and make them feel part of the Veerni family. That same day, students from Grades 10 and 12 returned after their extended break, followed by Grades 8 and 9 on June 24th, and Grades 7 and 11 on June 25th. Many of these girls are just beginning their journey at Veerni, full of hope and ambition.

To help everyone settle in, staff organized group activities and planning sessions. These early days focused on building friendships, easing anxieties, and preparing for the year ahead—both in studies and daily life. The school officially reopened on June 26th, and the regular routine brought structure and focus, helping the girls adjust and grow.

Matrons made surprise visits to check that everything was running smoothly—from clean drinking water and toilets to classroom readiness. They also worked closely with teachers to ensure lesson plans and materials were in place.



Special care was taken to support new students. Introductory sessions helped them understand school rules and meet their teachers. Senior girls were encouraged to guide and support the newcomers, creating a friendly and helpful atmosphere. To stay connected with family, new students were given time to speak with their parents over the phone—a joyful and reassuring moment for many.

Thanks to the combined efforts of staff and students, the new session began on a positive note, laying a strong foundation for a joyful and productive year ahead.



School Reopening & Daily Routine

Classes officially resumed on 26th June. The institute quickly returned to a structured schedule, helping the girls focus on their studies and personal growth. The matrons made unannounced visits to check on school facilities, such as water and toilets, and worked closely with teachers to ensure lessons were on track.

Supporting New Students

Special efforts were made to help new students adjust. Introductory sessions were held where the rules were explained, and the staff and students got to know each other. Senior girls supported the newcomers, making them feel welcome and part of the Veerni family.

To stay connected with home, new girls were also given the chance to call their parents soon after arriving. These calls brought comfort and helped ease the transition into their new environment.

A Positive Start

Thanks to the combined efforts of staff and students, the school year began smoothly. With strong support systems in place, the girls felt confident and ready to make the most of the year ahead.

Veerni Highlights – July to September 2025

Entertainment & Movie Time: The girls enjoyed a movie outing on 1st July to see *Sitaare Zameen Par*. More movies were screened on 15th and 16th August at the institute as part of Independence Day celebrations, creating fun, relaxing moments together.



Maths & Remedial Support: Extra classes started on 9th July by Mr. Bheru Singh to help girls with maths. Ms. Meenakshi Rathore is also leading English remedial sessions for Grades 4 to 8, helping girls build confidence in reading, writing, and speaking.

E-Guidance: New e-classes have begun to make learning more interactive and clear for the girls.

Horse Collaboration – Voices Unleashed: Twenty-two girls joined this creative project with Ms. Yael to express themselves and share their ideas through digital content. Training sessions were held on 9th and 16th July.

Hygiene Kit Distribution: In July, all 112 girls received hygiene kits with essentials like soap, toothpaste, sanitary pads, and more—part of our monthly health initiative.



Stationery Support: Regular distribution of notebooks, pens, colors, and other supplies ensures all girls have the tools they need to succeed in class.



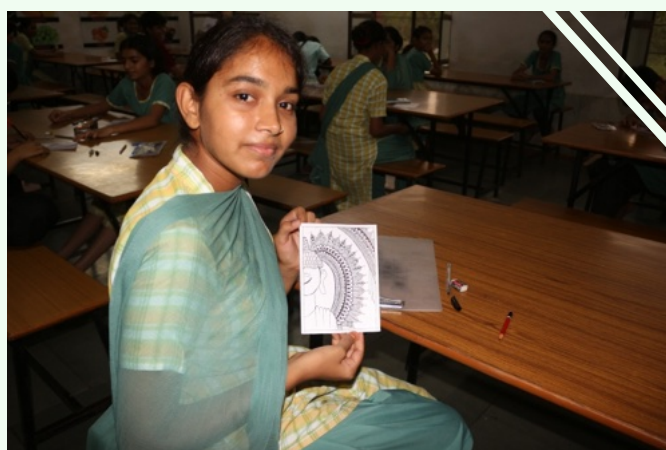
Welcome & Thanks-Giving Parties: On 27th June, new girls were welcomed with music, dance, and warm greetings from seniors. On 28th June, the newcomers organized a thank-you event to show appreciation to the senior girls.



Birthday Celebrations: Each birthday is made special with sweets, fun, and a phone call home—making the girls feel loved and connected.

Competitions & Celebrations:

- **Drawing (6th July):** Girls showcased creativity with colorful artwork.
- **Card Making (13th July):** Mandala art-inspired cards impressed everyone.
- **Rakhi Making (27th July):** Handmade rakhis celebrated sibling love.
- **Essay Writing (17th August):** Juniors wrote about relationships; seniors explored “AI – Boon or Curse.”
- **Song Competition (24th August):** Performances on the theme of dreams inspired all.
- **Dance Competition (31st August):** Radha-Krishna dances lit up the stage with over 75 girls participating.



Extempore Competition

On 22nd September, Veerni Institute held an Extempore Competition to boost the girls' confidence and speaking skills. Students were divided into junior and senior groups and given surprise topics to speak on.

A total of 47 girls participated – 37 from Veerni and 10 from Veerni Balika – across all four houses: Alpha, Bravo, Charlie, and Delta.

The competition was judged by Mrs. Vimlesh Sharma, Mrs. Geeta, Mrs. Nidhi Dave, and Mrs. Jyoti Bala, who praised the girls for their courage and clarity. This event helped the girls overcome stage fear and express themselves with confidence.



Skit Competition

On 28th September, Veerni Balika students performed in a Skit Competition based on the theme *"Fear to Freedom."*

Twenty-two girls participated, using drama to show how courage can overcome challenges. Their performances highlighted self-belief, strength, and empowerment, inspiring everyone who watched.



Sports Activities

Veerni Institute continues to promote fitness and teamwork through regular sports events. Under the guidance of Mr. Maan Singh, students participate in athletics and traditional Indian games.

Even girls new to sports are encouraged and supported, helping them build strength, coordination, and confidence. These events often include fun celebrations, prize distributions, and community involvement, making them highlights of school life.





Prize Distribution

On 29th September, winners from all competitions were honored in a prize distribution ceremony. Awards for first, second, and third place celebrated the hard work and talent of the girls.

EXCURSIONS & OUTINGS

1st July – Movie Screening: *Sitaare Zameen Par*

Veerni girls watched *Sitaare Zameen Par*, a meaningful film starring Aamir Khan. The movie touched on real-life challenges faced by children and taught lessons about empathy, courage, and resilience. After the screening, the girls shared their thoughts and connected the story to their own lives.



5th August – Visit to Shagun Resort

The students enjoyed a fun day at Shagun Resort, filled with swimming, swings, and games. The trip gave them a much-needed break from studies, helping them relax, enjoy nature, and bond with their friends.





16th August – Movie Screening: *Narsimha*

The girls watched *Narsimha*, a powerful film about justice and bravery. The movie sparked discussions about doing the right thing and standing up for truth. It was both entertaining and inspiring.



HEALTH AND WELLNESS AT VEERNI

Everyday Care: Veerni places high importance on the health of its girls. Regular check-ups, medical care, and health education help ensure both physical well-being and confidence. Girls are taught the basics of hygiene, nutrition, and self-care, helping them build healthy habits for life.

Medical Camp – 28th July 2025

A full-day health camp was organized with doctors from AIIMS Jodhpur. The team included specialists like dentists, ENT doctors, eye doctors, gynecologists, and a dietician. Each girl received check-ups and advice on how to stay healthy.

- **Dental Check-ups:** Oral hygiene and dental care
- **ENT & Eye Exams:** Early checks for infections or vision problems
- **Gynecological Care:** Menstrual health and hygiene education
- **Diet & Nutrition Talk:** Advice on healthy eating by a dietician
- **Blood Tests (19th July):** CBC tests for new students showed normal results

HPV Vaccination – 20th July 2025

Veerni launched the HPV Vaccination Program to protect girls from cervical cancer. With help from doctors at School Health Pro and AIIMS Jodhpur, **new girls received their first dose of the vaccine.** This program is a big step toward preventing a serious health risk for women in India.

Through regular health check-ups, education, and special programs like the HPV vaccination, Veerni continues to care for every girl's body, mind, and future.



VILLAGE BHAKRI: NEW HOPE AND BREAKING BARRERS

At the heart of Veerni Institute lies a powerful mission: to educate and empower girls from marginalized communities so they can build better futures for themselves and their families. For years, Veerni has worked tirelessly to bring change to one such place — **Bhakri**, a remote village where girls' education has long been held back by poverty, isolation, and deep-rooted social beliefs.

In Bhakri, the road to education doesn't go far — literally. The village school only goes up to 8th grade, and families are reluctant to send their daughters further, fearing for their safety and resisting change. Many parents still believe girls don't need an education. Some even withdraw their daughters after enrolling them, giving in to pressure from society or fear of the unknown.

But Veerni never gave up: With regular visits, conversations, and years of trust-building, our team — led by Vimlesh Ma'am continued engaging families, gently challenging their fears, and showing them the life-changing power of education.

Finally, a breakthrough came: Two brave girls from Bhakri — Sangeeta and Manisha — were allowed to enroll at Veerni Institute. It was not easy. Their father, a laborer, once pulled Manisha out of school when he found it was co-ed. But over time, he began to trust that Veerni could provide not just education, but safety, care, and a future.

Today, Sangeeta and Manisha are pursuing their studies with joy and determination. Their journey is more than just personal — it is a symbol of change. They are the first girls from Bhakri to break this cycle, and they are already inspiring others to follow.

Their story is a reminder of what Veerni stands for: Hope. Courage. Persistence. And the belief that one girl's education can uplift an entire community.

New Appointments

We are delighted to welcome two new members to the Veerni Institute team. Mrs. Nidhi Dave has joined us as Program Coordinator Cum Matron, and Mrs. Jyoti Bala has taken on the role of Matron at Veerni Balika. Both Mrs. Dave and Mrs. Bala bring impressive qualifications and valuable experience to their positions. Mrs. Dave is highly qualified and experienced in the field of education, while Mrs. Jyoti Bala holds a postgraduate degree and has worked with several organizations before joining Veerni. They officially started on September 10, 2025.

In their new roles, both will reside on-site to provide dedicated support to the girls and work closely with the Project Manager and the in-house staff to strengthen the Veerni Project.

At the same time, we bid farewell to Mrs. Neelam Rathore, our senior matron, who stepped down due to personal reasons after more than six years of dedicated service. Her warmth, commitment, and care have left a lasting impact on the girls and the team. She has expressed her desire to return to Veerni once her personal situation allows, and we look forward to welcoming her back in the future.

VEERNI INSTITUTE CONSTRUCTION UPDATE

We're excited to share that the construction of the new **Veerni Institute campus**, which began in **October 2024**, is progressing steadily and with purpose. The site is buzzing with activity as we bring our vision of a dedicated, state-of-the-art space for girls' education and empowerment to life.

Current Progress: Construction has now advanced to the **second floor**, while key finishing work continues on the lower levels. From structural development to plumbing and plastering, every stage is moving forward in line with the project timeline and architectural design.

Key Highlights (July–September 2025)

Work Area	Status
2nd Floor RCC Roof Shuttering	Ongoing (Front building section)
Internal & External Walls	Being constructed as per architectural plans
Elevation Pillars	Heavy design pillars currently being installed
Plumbing Lines	Actively in progress in multiple areas
Door Framing	Installation underway
Wall Plastering	In progress on several floors
Ground Floor Flooring	Ongoing

Floor-Wise Snapshot

- **Ground Floor:**

- Plastering, electrical, and sanitary fittings are nearly complete.
- Flooring work is currently underway.

- **First Floor:**

- Structural work is finished.
- Electrical and sanitary installations are progressing well.
- Partition work is ongoing.

Supervision & Quality Control

The entire project is being closely guided by **Architect Mr. Vipul Bharti and his team**, who are providing regular progress updates and ensuring the highest construction standards. Additionally, the **Veerni Institute team conducts daily on-site monitoring** to maintain quality, safety, and alignment with our institutional values.

As we move closer to completing this new space, we remain committed to creating a campus that offers a safe, inspiring, and fully equipped environment for Veerni girls. Every beam and brick represents a step toward a stronger future — and we thank all our supporters for their support and for being part of this incredible journey.



CONCLUSION:

From July to September 2025, Veerni Institute made significant progress in its mission to empower rural girls through education and holistic care. This quarter saw steady academic achievements, enthusiastic participation in arts, sports, and life skills activities, along with continued access to quality healthcare, a safe residential environment, and enhanced digital learning opportunities.

We also dedicated special efforts to raising awareness about child marriage, legal rights, and other community challenges—supporting girls and their families as they move toward a brighter, more informed future.

A key highlight of this period has been the ongoing progress of Veerni's new building construction, a vital development that will expand our facilities and enable us to support even more girls with improved resources and infrastructure.

Our mission remains unwavering: to nurture confident, educated, and independent young women ready to lead and inspire. The growing impact of our work this quarter is a testament to the strength of Veerni's model and the unwavering dedication of our staff, students, and supporters.

Together, we are not only educating girls but also building stronger communities and a brighter future for Rajasthan.

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